



# MALAYSIAN SOCIETY OF NEPHROLOGY NEWSLETTER

## MSN COUNCIL

2022-2024

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# President's Message

Dear Colleagues and Friends,

The year 2023 is coming close to an end. MSN in the collaboration with the Ministry of Health (MOH) and National Kidney Foundation (NKF) aspire towards "MYKidneyHealth 2030" with the objectives by year 2030 to:

- Decrease Diabetic Kidney Disease to End Stage Kidney Disease by 10%
- Increase home dialysis in new End Stage Kidney Disease > 30%
- Increase total kidney transplantation 20 per 1000 dialysis population

Many efforts on strengthening current policies and activities are being put up together to achieve this vision in the next 6 years. We hope the great teamwork between the nephrology fraternity and the multidisciplinary services will make this achievable successfully.

Second half of the year 2023 were filled with many activities organized by MSN:

- 37th Annual Congress of the Malaysian Society of Nephrology 2023 held in Setia Spice Convention Centre, Penang on 7-9th July 2023. The congress was a success with more than 1,000 delegates and 11 international speakers. For the first time, MSN had introduced 8 travel grants to low-income countries delegates and were awarded to participants from Pakistan, Myanmar and Philippines.
- Malaysia-Singapore Nephrology Forum (MSNF), a biennial event held in Shangri-La Golden Sands Penang Hotel on 11-13th August 2023 with the aim of fostering lasting relationship between Malaysia and Singapore nephrology fraternity. The event was not only filled with social and team-building activities, but also consisted of a scientific program on the second day with free paper presentation and debates between MSN-Singapore Society of Nephrology (SSN).
- MSN CKD Masterclass (2nd series 2023) held on 3rd September 2023 in Swiss Belhotel, Kuantan, Pahang on Cardio-Renal-Metabolic perspectives for primary care and GPs.
- MSN KidneyAcademy CME DocQuity with topics on "Big Data on Dialysis" and "Mineralocorticoid Receptor Antagonist in Diabetic Kidney Disease".
- Nephrology fellow exit exam held in Hospital Selayang on 23 November 2023 with invited external examiners Prof. Sydney Tang (APSN President from Hong Kong), Prof Neil Boudville (from Australia). All nine candidates successfully passed. Thank you to all examiners and congratulations to our new nephrologists!
- MSN Virtual Grand Ward Round Virtual held on 14 October 2023 with fellows from UKM Medical Centre and Hospital Selayang presenting two academically stimulating clinical cases.
- MSN PD Masterclass held on 25-26th November 2023 in Sheraton Imperial Kuala Lumpur hotel. A
  total of 180 participants (including 20 delegates from Indonesia) attended the workshop. This
  workshop was endorsed by the International Society of Peritoneal Dialysis (ISPD).
- MSN had introduced the Young Nephrologist Committee which is chaired by Dr Lydia Kamaruzaman and advisor Dr Bryan Leong Chong Men with the aim to engage young nephrologists to develop the future of MSN.

It is my pleasure to announce MSN has been nominated to host the 11th APCM-ISPD 2025 congress after bidding for the event. The Memorandum of Understanding (MOU) was signed between the MSN President and Prof Talerngsak Kanjanabuch, ISPD-Asia Pacific Chapter Coordinator in Pullman Hotel, Aerocity New Delhi, India on 23rd September 2023. The congress will be held in KL Convention Centre (KLCC) on 4-7 September 2025 with the theme Transforming and Empowering Success in PD'.

A MOU was also signed between the three Presidents ie Dr Lily Mushahar (MSN), Prof. Mai-Szu Wu (Taiwan Society of Nephrology - TSN) and Dr Vuddhidej Ophascharoensuk (Nephrology Society of Thailand - NST) in Taipei, Taiwan on 9 December 2023. The purpose of the MOU was to establish a long term cooperative relationship in areas such as joint symposium in respective societies annual congress, exchange of information in academics and research between the three societies.

I would like to express my appreciation and gratitude to everyone who has been involved in the success of MSN activities this year, especially to the MSN Council members for your important work, support and dedication to the Society.

Let us march into the new year with the good memories and accomplishments of MSN, and excitingly looking forward to a new year which will be more amazing. I would like to take this opportunity to wish everyone a Happy New Year and hope 2024 will bring us more aspirations, good health and prosperity!

Yours sincerely, Dato Dr Lily Mushahar President Malaysian Society of Nephrology

















**MSN Congress** 

**MSNF** 

**MSN Masterclass** 

- CRM 2.0
- 14th Peritoneal Dialysis 2023

**International conference reports** 

APCN CME Award 2023 ISPD 2023

**Breaking news!!** 

APCM - ISPD 2025 : MOU between Malaysian Society of Nephrology , Taiwan Society of Nephrology , Nephrology Society of Thailand

**New nephrologists** 

Upcoming event of MSN 2024

MSN ACTIVITIES PAGE 3

# 37th MALAYSIAN SOCIETY OF NEPHROLOGY CONGRESS

**7-9 JULY 2023**SETIA SPICE CONVENTION CENTRE
PENANG



MSN 2023 PAGE 4

# 37th MALAYSIAN SOCIETY OF NEPHROLOGY CONGRESS

The 37th Annual Congress of Malaysian Society of Nephrology was held on the 7-9th July 2023 at Setia Spice Convention Center, Penang. It was the first fully physical MSN congress after the pandemic.

This year, we welcomed (>1200) delegates, both from local and international. We have received a total of (>100) abstract submissions. After countless hours of reviewing the abstracts and sessions of oral and poster presentations, our judges selected the best in all categories as winners of young investigators.

The faculty was formed by >30 esteemed speakers from local as well as international. The lectures cover a wide range of topics given by many renowned speakers. Apart from being informative, the lectures, arranged in different tracks, were also enjoyable to our delegates.







































The faculty and the organizing committees enjoyed a wonderful dinner while chasing the sunset at the EO hotel while the rest of the delegates were able to enjoy their free and easy time exploring the beauty of Penang on the evening of 7th July 2023.

It has been a gap of 3 years without the unique formative assessment for the nephrology fellows since the beginning of the pandemic. This year, the fellows had butterflies in their stomach during formal assessment on 8th July 2023. It was followed by fruitful discussion on the questions and answers with the exam organizer.

This annual congress was a great success and we look forward to the 38th Annual Congress of MSN in 2024!



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# MSNF

### MALAYSIA-SINGAPORE NEPHROLOGY FORUM 11-13 AUGUST 2023 PENANG

The 10th Malaysia-Singapore Nephrology Forum was successfully held on the 11-13th August 2023 in the beautiful island of Penang, after a gap of 6 years since the last MSNF in 2017.

The delegates were welcomed by an icebreaking dinner at the Corner Seafood Restaurant on the evening of 11th August. The dinner started with the most amazing sunset at Ferringhi and ended with the best dessert in Penang – the bottomless supply of DURIAN!

The delegates enjoyed themselves while trying the best local delicacies of Penang during the 'Encounter of the Heritage Kind'. Delegates showed their talents in posing for photography, batu Seremban, stacking up nuts, COOKING and shuttlecock kicking. All the hidden 'kiasuness' was revealed during the game! The final winner went to group 3 – the group who really played to win!





















The delegates came back to the ballroom at night with their best dress with the theme of 'Fire and Ice'. The Malaysian team prepared 2 exclusive performances for the audience singing the song 'Kau ilhamku' lead by guitarist Dr Danny Ong and video presentation of the nephrologist version of 'Let It Go', produced by Dr Anim and the coproducers. The Singaporean team performed a lively Dance of the Nation. The highlight of the night was the crowning of the best dressed king and queen, won by Dr Munnish and Dr Tracy Tan.

MSNF is not complete without its scientific program, especially the Malaysia-Singapore debate. The topic of debate was 'Artificial Intelligence does more good than harm in nephrology practice and this year, the opposition team (Singapore) has won the debate. The best debater award went to Dr Geraldine Boh from the Singapore team.

This long-awaited 10th MSNF was fun and it reinforced the bonds between the Malaysian and Singaporean nephrologists once again. Till we meet again, in Singapore 2025!

MSNF PAGE 7

# MSN

# **CRM MASTERCLASS**

3rd September 2023 Swiss Belhotel, Kuantan, Pahang Cardio-Renal-Metabolic perspectives for primary care and GPs. 70 participants



















# **MSN PD MASTERCLASS**

25-26th November 2023 Sheraton Imperial Kuala Lumpur hotel. 240 Malaysian delegates 31 Indonesian delegates













high skill & high growth

IN PERITONEAL **DIALYSIS** 





PD MASTERCLASS PAGE 9

# APCN CME AWARD

The Asia Pacific Nephrology CME Course is an annual event designed for the fellows in the field of nephrology with the latest updates and advancements in this specialized area of medicine. This comprehensive course aims to enhance participants' knowledge, skills, and expertise in managing renal diseases through a combination of lectures, interactive sessions, and case discussions.

12 trainees were given the protected conference attendance time for them to attend the CME course.

Let us look at the review provided by the candidates of APSN CME



# KSN APSN CME Course 29 April 2023

We feel incredibly privileged to have had the opportunity to attend the 43rd Annual Meeting of the Korean Society of Nephrology, organized by the Korean Society of Nephrology in Seoul.

Being part of this gathering of esteemed professionals, researchers, and experts in the field of nephrology has been a true honor. This would not have been possible without the sponsorship from APSN. The conference, which took place in Coex, Seoul from 26th April till 29Th April, provided a comprehensive platform for discussions, presentations, and collaborations that illuminated various aspects of kidney health and treatment. One of the conference's highlights was the in-depth exploration of diagnostic and therapeutic approaches in nephrology.

In conclusion, the Korean Society of Nephrology conference held in Seoul served as a dynamic platform for knowledge exchange, exploration of cutting-edge research, and meaningful networking within the nephrology community.

Dr Tharshannia & Dr Wan Rohaslizan

APCN CME AWARD PAGE 10

### JSN-APSN CME Course 9 June 2023

A great experience to join the Asian session: APSN Continuing Medical Education (CME) joint symposium that organized by APSN in conjunction of 66th Annual Meeting of JSN. We managed to meet the experts from Asian Pacific countries and share the kidney care issues among each country.

Dr Fu Mei Sian



### MSN -APSN CME Course 7-9 July 2023

Thank you APSN for the opportunity to join MSN 2023. This year, it was held in Penang, thus giving us a fresh environment to learn, rekindle old friendships and make new bonds.

We had the pleasure to learn from many local and regional experts on a wide spectrum of topics which are not only relevant clinically but also useful for exams! The session on retarding CKD was especially refreshing, away from our usual focus on managing end stage kidney disease.

Along with the famed Penang food, it was a great occasion for networking with our peers and seniors. Afterall, good food always binds us as Malaysians.

I would like to extend my appreciation again to APSN and applaud them for their support for budding nephrologists.

Dr Sze Yin

### ANZN-APSN CME Course 2nd – 6th September 2023

It was such a great opportunity to be able to join the ANZN-APSN CME course, which was held in Christchurch, New Zealand. The event was well organized, and topics were great. I was able to see how Nephrology practices in a different country and from a different perspective. I was also able to connect with delegates from different country such as Australia, New Zealand and even Thailand. These event in future will be able to inspire nephrology fellows and Nephrologist.

Then Ru Fah



APCN CME AWARD PAGE 11



### TSN-APSN CME Course 10 Dec 2023

I was one of the lucky candidates that were chosen for the APSN CME Awards for the TSN-APSN CME Course that was held on 10 December 2023. The course was conducted in a professional method and events ran smoothly. Professor Sydney Tang as the president of APSN gave opening remarks and the CME was broken down to 2 broad topics namely, advances in kidney care and autosomal dominant polycystic kidney disease.

During the course, I've met with international as well as local experts who were the speakers for the CME. Examples were Dr Kate Robson (Australia), Professor Gopi Rangan (Australia) and Dr Eason Chang (Malaysia). I thoroughly enjoyed these sessions and hope that APSN will continue to have such collaboration with other Asia pacific nephrology society.

Dr. Low Jer Ming

#### **HKSN-APSN CME Course**

I'm very fortunate to obtain this opportunity to attend APSN Hong Kong together with other delegates in Asia pacific countries. It has been an eye opener and a fruitful experience that I would cherish as a part of my training programme. I'm happy that I'm able to meet up & gain knowledge from some of the experts in nephrology. The 2 days programmed is packed with updates in xenotransplant, green nephrology etc and interesting case discussions.

Furthermore, I'm happy that I get to mingle with other nephrology trainees from other countries and make new friends. It's also a new experience, trying new food as I have not been to Hong Kong before. I hope this programmed can continue to sponsor many other nephrology trainees like me.

Dr. Nabia Idaam



APCN CME AWARD PAGE 12

The 10th Asia Pacific Chapter Meeting of the International Society Peritoneal Dialysis (ISPD) held in New Delhi, India from September 22nd to 24th, by 2023. This conference, organized International Society of Peritoneal Dialysis and hosted by the Peritoneal Dialysis Society of India and the Department of Nephrology at Sir Gangaram professionals from around the world. The event 22-24 OCT 2023 focused on the latest advancements and research expertise in peritoneal dialysis management.









Furthermore, this conference served as a valuable platform to showcase Malaysia globally, as it was announced that Malaysia will be hosting the 11th Asia Pacific Chapter Meeting of the ISPD in 2025. The speakers at the conference were exceptional, providing incredibly informative and inspiring presentations. Each speaker was a renowned expert in their respective areas, and I took the opportunity to observe how they set up and organized the event, as well as the available facilities required.

In addition to the academic program, attendees had the opportunity to immerse themselves in the cultural experience of New Delhi. I had the pleasure of attending the Cultural and Gala Dinner, which allowed me to further connect with fellow attendees in a more relaxed setting. Additionally, I took the time to explore New Delhi's famous landmarks and indulge in the delicious local cuisine, further enhancing my overall experience of the conference.

The 10th APCM - ISPD 2023 in New Delhi was a truly memorable event, combining valuable scientific content, networking opportunities, and an enriching cultural experience.

Dr. Wan Hazlina Wan Mohamad

# **10TH APCM** ISPD MEETING **NEW DELHI**

Throughout the three-day conference, attendees were treated to a wealth of scientific content and activities. Notable highlights included global and Asia perspectives on peritoneal dialysis, clinical updates, and industry symposiums. The conference served as a platform for ISPD members to exchange knowledge and present data from their respective regions. The sessions were highly informative and interactive, providing numerous opportunities for participants to enhance understanding.

The conference covered a wide range of topics related to peritoneal dialysis, allowing attendees to broaden their knowledge in this field. As a member of the MSN council, I had the privilege of networking and socializing with fellow attendees, which enabled me to establish connections with kidney professionals from all over the world. This experience was both fascinating and inspiring as we shared our experiences and perspectives.





# 2025 BID REPORT

# 11TH ASIA PACIFIC CHAPTER MEETING (APCM) - INTERNATIONAL SOCIETY OF PERITONEAL DIALYSIS (ISPD)

# BREAKING NEWS

The 11th APCM-ISPD Congress 2025 bid document was presented and discussed during the International Society of Peritoneal Dialysis (ISPD)-Asia Pacific Chapter (APC) Core and Executive members meeting at the 10th APCM-ISPD meeting in Pullman Aerocity Hotel, New Delhi, India on 22 September 2023. Prof Dr Edwina Brown, President of ISPD with 21 ISPD-APC core group members attended the hybrid meeting at the Pullman Aerocity Hotel, New Delhi. The Malaysian Society of Nephrology (MSN) was represented by Dr Lily Mushahar and Prof Dr Goh Bak Leong.

Dr Lily Mushahar had presented the bid document to the ISPD-APC core group and Malaysia was the only country present in the bid ceremony as Vietnam and the Philippines bid documents were rejected. All the ISPD-APC core group present had agreed unanimously for Malaysia to host the 11th APCM-ISPD 2025 Congress in Kuala Lumpur Convention Centre on 4- 7th September 2025. Dr Lily had highlighted to the ISPD-APC core group on the support received from Malaysia Convention and Exhibition Bureau (MYCEB) to host the congress.

In the 10th APCM-ISPD Congress in New Delhi, India, a total of 653 total delegates (600 local delegates, 53 overseas delegates from 17 countries) and 17 international faculties attended the congress. As for the 11th APCM-ISPD 2025 congress, Dr Lily presented to ISPD-APC core group the anticipated total number of 1300-1500 congress delegates (about-500 - 600 from international) throughout the 3.5 days congress.







A memorandum of Understanding (MOU) was signed by Prof Dr Talerngsak Kanjanabuch (Asia Pacific ISPD Coordinator) and Dr Lily Mushahar. during the meeting. A handover ceremony was held during the closing ceremony of the congress to Dr Lily Mushahar, Organising Chair and President of MSN. In the MOU, the local organizing committee (LOC) will work together on the planning of APM-ISPD 2025 and will report to the ISPD-APC Core group which serves as the final decision-making body.

Dr. Lily Mushahar

11th APCM-ISPD PAGE 14

# MEMORANDUM OF UNDERSTANDING (MOU)

MSN-TSN-NST

# BREAKING NEWS







A MOU signed between the three Presidents ie Dr Lily Mushahar (MSN), Prof. Mai-Szu Wu (Taiwan Society of Nephrology - TSN) and Dr Vuddhidej Ophascharoensuk (Nephrology Society of Thailand - NST) in Taipei, Taiwan on 9 December 2023.

The purpose of the MOU was to establish a long term cooperative relationship in areas such as joint symposium in respective societies annual congress, exchange of information in academics and research between the three societies.

# MSN NEPHROLOGY BOARD EXAMINATION

Exam Date: 23 November 2023 Venue: Hospital Selayang

Local Examiners: Prof Dr Goh Bak Leong, Dr Sunita A/p Bavanandan, Dr Lifi Mushahar, Dr Bee Boon Cheak Prof Dr Abdul Halim bin Abdul Ghaffor, Dr Fan Kin Sing

External Examiners: Prof Dr Neid Budville, Prof Sydney Tang



# WELCOME!







# Nephrologists





















# FUTURE 2024 EVENTS

### FEBRUARY

MYKAS IGA NEPHROPATHY WORKSHOP

### MARCH

WORLD KIDNEY DAY

### APRIL

WORLD CONGRESS OF NEPHROLOGY ARGENTINA

### MAY

CARDIO RENAL METABOLIC WORKSHOP ERA-EDTA STOCKHOLM

#### JUNE

GRAND WARD ROUND APCN KOREA

#### JULY

MALAYSIAN CONGRESS OF NEPHROLOGY 2024 MSN EXIT EXAM

### AUGUST

ISRNM HYDERABAD

#### SEPTEMBER

CCN MASTERCLASS
ISPD DUBAI

#### OCTOBER

ASN SAN DIEGO

### NOVEMBER

PD MASTERCLASS

#### DECEMBER

GRAND WARD ROUND

FUTURE EVENTS PAGE 18